



# ST. JOHN'S MAR THOMA CHURCH

90-37 213<sup>TH</sup> STREET, QUEENS VILLAGE, NY



**Worship - Sunday 9:00 am | Sunday School - Sunday 12:00 pm**

**NEWSLETTER—FEBRUARY 2026**

**VOLUME: XXXVI ISSUE: 02**

**www.stjohnsmtcny.org**  
**Vicar: Rev. Biju P. Simon**

## EXECUTIVE COMMITTEE 2026

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Vice President	Mr. Eapen K. George	718-753-4772
Secretary	Mr. Zachariah Mathai	917-208-1714 secretary@stjohnsmtcny.org
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Diocesan Assembly (EN)	Mr. C V. Simonkutty	516-742-3520
<b>Organization Representatives</b>		
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Youth Fellowship	Ms. Gina George	917-400-3562
Yuvajana Sakhyam	Mr. Saj Samuel	551-227-0070
<b>Prayer Group Representatives</b>		
Bellerose	Mr. Varughese P. Abraham	516-456-9740
Eastern Long Island	Mrs. Aparna Santhosh	516-673-5105
Elmont & Franklin Square	Mr. Shibu Pappachan	929-438-9702
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Garden City Park	Mr. Mathew P. George	516-503-1735
New Hyde Park East	Mr. Bitto Cherian	516-618-9767
New Hyde Park West	Dr. Anna Abraham	516-492-0450
Palli Bhagom	Mr. George Cherian	718-614-1909
Auditors	Mr. Biju Chacko	516-996-4611
	Mrs. Liji Isaac	516-787-5437

## MESSAGE FROM THE VICAR

Dearly Beloved in Christ,  
Greetings to you all in the name of  
our Lord and Savior, Jesus Christ!

"THE DAYS WILL COME ... AND  
THEN THEY WILL FAST."  
(St. Matthew 9:15)

The 50 days of the Great Lent  
(Valiya Nombu) begin on February  
15. Lent is a special time of self-examination and peni-  
tence—a time for self-discipline, prayer, meditation, Bible  
study, and fasting. Jesus said to His disciples, "This kind  
can be cast out only by prayer and fasting" (Mark 9:29).

Fasting is not only abstention; it is an exchange in which  
we abstain from certain things in order to "feast" on God's  
Word and prayer. Fasting can lead us to reconciliation,  
self-purification of body and mind, the manifestation of  
faith, and a prayerful cry for the providence of God's  
grace.

The 131st Maramon Convention begins on February 8 and  
ends on February 15. This is one of the largest Christian  
gatherings on the Asian continent. Even if we are away  
from the venue, we can pray for the listeners, speakers,  
and organizers of the convention, so that God may trans-  
form the lives of believers and non-believers alike.

Our parish has planned the Annual General Body Meeting  
this month. This is a time to look back and look forward  
with renewed hope. The office bearers deserve our appre-  
ciation for completing their duties within a limited period  
of time. This is also the time to prepare a year plan for  
2026. I kindly request your valuable suggestions and  
opinions for our future programs. Let us pray that all our  
ministries may be meaningful to each and everybody.

With prayerful regards,  
Rev. Biju P. Simon - Vicar



## WORSHIP SCHEDULE FOR FEBRUARY

### FEBRUARY 1 ; HOLY QURBANA - MALAYALAM- 8:30 AM

#### Medical Mission Sunday

1st Lesson	Isa. 42:1-9	Johnson Philip
2nd Lesson	Acts 3:1-16	Laly George
Epistle	Jas. 5:13-18	Abraham C. Abraham
Gospel	Matt. 9:35-38	

### FEBRUARY 8; HOLY QURBANA –ENGLISH- 9:00 AM

#### Beginning of the 131st Maramon Convention

1st Lesson	Gen. 1:31; 2:1-3	Noel Oommen
2nd Lesson	Heb. 4:1-11	Navina Oommen
Epistle	Col. 2:13-19	Jotham Bitto
Gospel	Mark 3:1-6	

### FEBRUARY 15; HOLY QURBANA - MALAYALAM -9:00 AM

#### Beginning of the Great Lent

1st Lesson	Ezek. 36:24-36	John Thomas
2nd Lesson	Rom. 11:33-36;12:1-2	Jessy Johnson
Epistle	2Cor. 5:16-21	Bijoy Abraham
Gospel	John 2:1-11	

### FEBRUARY 22; HOLY QURBANA - ENGLISH- 9:00 AM

#### Call to be Compassionate

1st Lesson	Ruth 2:4-20	Biju Mathew
2nd Lesson	Eph. 4:25-32	Mini G. Thomas
Epistle	1John 3:13-24	Chrisen Bijoy
Gospel	Mark 1:40-45	

## CHURCH ORGANIZATIONS

### SENIOR FELLOWSHIP

Tuesdays; 10:00 AM Health & Rec. Prog. @ Church

### SEVIKA SANGHOM

Thursdays; 10:00 AM Prayer Meetings at Church

### EDAVAKA MISSION

Fridays; at 7:30 PM Prayer Meetings at Church

### SUNDAY SCHOOL

Sundays; 12:30 PM Assembly & Grade Level Classes

### YOUNG FAMILY FELLOWSHIP

February 22; 12:30 PM At church; after Sunday School

### YOUTH FELLOWSHIP

February 13; 6:30 PM Prayer meeting at fChurch

### YUVAJANA SAKHYAM

Sunday, Feb. 15  
after the Holy Communion At Church  
hosted by Jenny and Jerin Jose

## AREA PRAYER MEETINGS

### BELLEROSE

No prayer meeting scheduled

### EASTERN LONG ISLAND

Saturday, February 28 at 5:00 PM  
Mintu & Anoop Mammen  
2073 Central Drive S., East Meadow

### ELMONT & WEST HEMPSTEAD

Sunday, February 8 at 7:00 PM  
Binitha & Roji Sam Koshy  
1399 Sweetman Ave., Elmont

### FLORAL PARK & GLEN OAKS

Sunday, February 15th at 7:00 PM  
Deepa and Mathew Eapen  
80-57 Littleneck Pkwy, Glen Oaks

### GARDEN CITY PARK

No prayer meeting scheduled

### NEW HYDE PARK EAST

Saturday, February 14 at 7:00 PM  
Annamma & John Thomas  
2 Aster Drive, New Hyde Park

### NEW HYDE PARK WEST

Sunday, February 22 at 7:00 PM  
Soma & George Thomas  
Sunday, February 22 at 7:00 PM

### PALLI BHAGOM

No prayer meeting in February

## YOUTH CHAPLAIN'S MESSAGE

**Glory be to the Father, Son and Holy Spirit - One True God! Amen.**

Dearly Beloved in Christ,

On February 15, the Church enters the season of Great Lent through the Service of Reconciliation. This moment serves as a purposeful pause before the discipline of fasting begins, calling us first to examine the heart. The service reminds us that repentance is not a momentary feeling or an isolated action, but an ongoing reorientation of our lives toward God. In the words of the Psalmist, "Create in me a clean heart, O God, and renew a right spirit within me". Such repentance is made visible not only in prayer and ritual,

but in transformed priorities and a renewed sense of responsibility.

Great Lent calls us into a threefold movement of faith. We are called inward through meditation and repentance, outward through reconciliation and responsibility toward others, and upward through communion with God through relationship, Scripture, and worship. This movement invites us to pair self examination with daily silence, sincerity in restoring broken relationships, and faithfulness in remembering prayer.

During Lent, fasting is about more than giving up certain foods. While many choose to abstain from meat during this season, and while the Church observes abstinence from meat during all fasting seasons, the deeper purpose of fasting is to shape how we live and how we care for others. Fasting trains us to say no when the world encourages excess. For this reason, the Church often turns to Isaiah 58 during Lent, which reminds us that fasting is incomplete unless it leads us toward justice, generosity, and compassion.

The prophet Isaiah teaches us that true fasting is not only about self control, but about restoring right relationships with God and with one another. Fasting helps us recognize hunger, both our own and the hunger of those around us, and calls us to respond with love. What we save by eating less or giving up comforts is meant to be shared, even materially, with those in need. In this way, fasting becomes a practical expression of faith and love for our neighbor. At the end of the fast, we are not called to indulge ourselves in what we have abstained from, but to remember those who are less fortunate and to share generously with them.

I encourage all of us to make the message of Lent visible through action. Use the money saved from even one meal to practice generosity. Consider supporting a local charity, helping someone in need, or pooling resources for a group effort that serves the wider community. Look around your school, workplace, or parish. It may be as simple as assisting a classmate, supporting a church initiative, or volunteering together for a cause you care about. Let faith take shape through active compassion during this season.

These practices are not meant to end with Lent, but to become lasting foundations of Christian life. Lent invites us into ongoing spiritual growth rather than temporary habits. To help build these disciplines, consider forming accountability groups with friends or family members where you can encourage one





## WEDDING ANNIVERSARIES IN FEBRUARY

Shiji & Vinu Abraham	4	
Nikkita & Abraham K. Varghese	5	Kitty & Alexander Achenkuttu 24
Susan & Joseph P. John	6	Mercy & Aniyam P George 24
Annie & Titus Cherian	8	

**Offer Prayer on February 8**

Raji & Binu Thomas	10
Susamma & K. G. Alexander	11
Neethu & Roshith Thomas Mathew	12
Annamma & John Mathews	12
Soma & George Thomas	14
Molly & Anil Chandy	15
Preethy & Remy Sam	15

**Offer Prayer on February 15**

Anitha & Thomas M. Thomas	16
Valsa & Abraham T. Abraham	19
Elsamma & Abraham Thomas	21
Suja & Varghese Chacko	22
Mini & Anil T. Andrews	22
Leyamma & Philip Thomas	22

**Offer Prayer on February 22**

another, share experiences, and reflect honestly on challenges. Simple reminders, such as notes placed in visible areas, can also help keep your spiritual focus steady. Through repentance, reconciliation, and generosity, we continue to grow into who we are becoming in Christ.

Let us hold onto this Lenten season and commit ourselves to acts of mercy, generosity, and reconciliation, so that we may continue to be transformed as we move toward the remembrance of the Resurrection of our Lord.

Prayerfully, JVarghese Achen

### Youth Fellowship Bible Study

When: Wednesday, February 11, 2025, at 7:30-8:30 pm

Where: Youth Chaplain's Parsonage

### Leadership Conference Roots Before Fruits

When: Monday, February 16, 2026, at 10:00 am

Where: Salem Mar Thoma Church, East Long Island

### NERF Young Adults Retreat 2026 – Authenticity

When: Thursday, May 28 thru 31, 2025, beginning at 5:30 pm

Where: Camp of the Woods, Speculator, NY;

Leaders: Rev. Larry Varghese and Roshin Kochamma



## BIRTHDAYS IN FEBRUARY

Anju Annie Abraham	1	Ronish Raju Varghese	16
<b>Offer Prayer on February 1</b>		Abraham Zacharia	16
Joy A. Chacko	2	Arpitha Alice George	17
Easow E. Mathunny	2	Saramma Mathew	17
Steven Joy	3	Angelina Alexander	18
Philip M. Kallumpurathu	3	Varghese George	18
Saramma Mathew	3	Shawn Jacob	18
Leena R. Mathew	3	Suresh T. John	18
Ahaana Ann Paul	3	Anil Baby Philipose	18
K. M. Thomas	3	Calvin Samuel Thomas	18
Sneha Ann Abraham	4	Deepa Alex	19
Abigail Alexander	4	Anil Chandy	19
Susamma T. Mathew	4	Rejo M. Jose	19
Angela J. Panicker	4	Delcina Zachariah	19
Binny V. Saji	4	V. S. Abraham	20
Philip Cherian	5	Savannah Noelle George	20
Aria Sophia Daniel	5	Marcia Lilly Thomas	21
Thomas T. Zachariah	5	Kezia Susan Kurien	22
Edwin K. Abraham	7	Jaya Sabu Lukose	22
Noah Arun	7	Manoj Samuel	22
Ayrin Solomon George	7	Ashish John Thomas	22
Raina Ann Koshy	7	<b>Offer Prayer on Feb. 22</b>	
Jolly Itty Philip	7	Jeremiah J Bitto	23
Susan K. Philip	7	Arjun Joseph Thomas	23
C. V. Simonkutty	7	Saramma Varughese	23
Achankunju Mathew	8	Jennifer Susan Jacob	24
Joash John Mathew	8	Jeena Mathew	24
Geena S. Rajan	8	Justin George	25
Jason Konnethu Thomas	8	Naomi G. Isaac	25
<b>Offer Prayer on Feb. 11</b>		Ann V. Saji	25
Desny K. Abraham	9	Christina Susan Thomas	25
Swarup John Mathew	9	Susamma Mathai	26
Mekhal Sara Shibu	9	Jerin P. Jose	27
John Varghese	9	Saramma Mathunny	27
Elias Varghese	9	Saramma Thomas	27
Emeline Abraham	10	Rahelamma Thomas	27
Shajan T. Koshy	10	Lincy George	28
Roshith Thomas Mathew	10	Emilia Mathew	28
Robin K. Varughese	10	Susan Philip	28
Betsy George	11	Romy T. Rajan	28
Nimmy Sara Kuruvilla	11	Nihan V. Shibu	28
Melbie Mariam Mathew	11	Steven G. Thomas	28
Jerry J. George	12	Christer John Bijoy	29
John D. Isaac	12		
John Mathew K.	12		
Ammukutty Nainan	12		
Jeron Chacko	13		
Ashley Sarah Jacob	13		
Thomas Philip	13		
Noah Lino Alex	14		
Shibu C. Varghese	15		
Daniel Varghese	15		

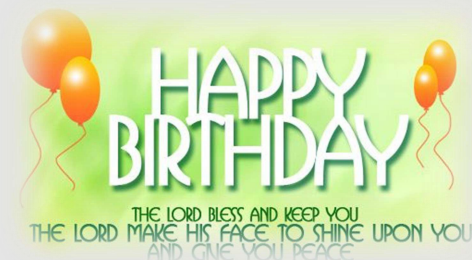
**Offer Prayer on Feb. 11**

Desny K. Abraham	9
Swarup John Mathew	9
Mekhal Sara Shibu	9
John Varghese	9
Elias Varghese	9
Emeline Abraham	10
Shajan T. Koshy	10
Roshith Thomas Mathew	10
Robin K. Varughese	10
Betsy George	11
Nimmy Sara Kuruvilla	11
Melbie Mariam Mathew	11
Jerry J. George	12
John D. Isaac	12
John Mathew K.	12
Ammukutty Nainan	12
Jeron Chacko	13
Ashley Sarah Jacob	13
Thomas Philip	13
Noah Lino Alex	14
Shibu C. Varghese	15
Daniel Varghese	15

**Offer Prayer on Feb. 15**

Baby Jose	16
Stacy Mathew	16

**Offer Prayer on March 1**



# St. John's Basketball Fellowship

*And Give all Glory to God*

**February 27 at 7 pm**

Lakeville Elementary School

47-27 Jayson Avenue, Great Neck

7 pm to 9 pm

LENT COMES  
PROVIDENTIALLY TO  
REAWAKEN US, TO  
SHAKE US FROM  
OUR LETHARGY. -  
POPE FRANCIS

## CONDOLENCES

Mrs. Jessy Manoj and family at the passing away of her mother, Mrs. Saramma Yohannan.

Mrs. Susan Mathew and family at the passing away of her brother, Mr. Abraham Cherian

Mr. Roji Sam Koshy and family at the passing away of their mother, Mrs. Annamma Koshy in Kerala.

മലങ്കര മാർത്തോമ്മാ സുറിയാനി സഭ  
വലിയ നോമ്പിലെ ആഴ്ചതോറുമുള്ള വേദഭാഗങ്ങളും ധ്യാനവിഷയവും  
MALANKARA MAR THOMA SYRIAN CHURCH  
THE GREAT LENTEN LECTIONARY – WEEKLY READINGS AND THEMES  
(BASED ON THE VALIYANOMBU NAMASKARA KRAMAM PREPARED BY THE MAR THOMA LITURGICAL COMMISSION AND APPROVED BY THE HON. EPISCOPAL SYNOD)

1-ാം ആഴ്ച (Week - 1)					
ദിനം (Date)	ദിവസം (Day)	ഒന്നാം പാഠം (Lesson 1)	രണ്ടാം പാഠം (Lesson 2)	ഏവഞ്ജലിയോൻ (Gospel)	ധ്യാനവിഷയം (Theme)
1	ഞായർ (Sun)	യെരൊ. 36:22-28 (Ezek. 36:22-28)	റോമ. 5:16-21 (Rom. 5:16-21)	വി. മത്താ. 26:26-29 (St. Matt. 26:26-29)	കാനാവിൽ കല്യാണം: രൂപാന്തരം (പേതുർത്താ) The Wedding at Cana: Transformation (Pethurtha)
2	തിങ്കൾ (Mon)	ഉല്പ. 33:1-10 (Gen. 33:1-10)	എഫെ. 2:13-22 (Eph. 2:13-22)	വി. മത്താ. 5:21-26 (St. Matt. 5:21-26)	നോമ്പാരംഭം: അനുരഞ്ജനം (ശുബ്കൊനൊ) Beginning of Lent: Reconciliation (Shubkono)
3	ചൊവ്വ (Tue)	യെശ. 43:14-21 (Isa. 43:14-21)	2 കൊരി. 5:16-21 (II Cor. 5:16-21)	വി. യോഹ. 3:1-8 (St. John 3:1-8)	ക്രിസ്തുവിൽ പുതുസൃഷ്ടി A New Creation in Christ
4	ബുധൻ (Wed)	യെശ. 9:1-7 (Isa. 9:1-7)	1 കൊരി. 1:20-25 (I Cor. 1:20-25)	വി. മത്താ. 16:13-20 (St. Matt. 16:13-20)	ക്രിസ്തുവിന്റെ സ്വത്വം Identity of Christ
5	വ്യാഴം (Thu)	ആവർ. 6:4-9 (Deut. 6:4-9)	റോമ. 12:1-8 (Rom. 12:1-8)	വി. മത്താ. 6:9-15 (St. Matt. 6:9-15)	ഊഷ്മള ബന്ധത്തിലേക്കുള്ള വിളി A Call to an Intimate Relationship
6	വെള്ളി (Fri)	മീഖാ 6:1-8 (Mic. 6:1-8)	റോമ. 12:12-21 (Rom. 12:12-21)	വി. മത്താ. 5:1-12 (St. Matt. 5:1-12)	ക്രിസ്തീയ ജീവിത ശൈലി Christian Lifestyle
7	ശനി (Sat)	1 ശമു. 18:1-5 (I Sam. 18:1-5)	ഗലാ. 3:23-29 (Gal. 3:23-29)	വി. മർക്കോ. 3:31-35 (St. Mark 3:31-35)	വൈശ്വദേശ്യത്തിന്റെ സാർവ്വത്രികത Universality of God's Kingdom
2-ാം ആഴ്ച (Week - 2)					
8	ഞായർ (Sun)	2 രാജാ. 5:1-14 (II Kgs. 5:1-14)	റോമ. 3:27-31 (Rom. 3:27-31)	വി. മർക്കോ. 1:40-45 (St. Mark 1:40-45)	കുഷിരോഗിയുടെ സൗഖ്യം: സ്വപരീക്ഷണത്തിലൂടെയുള്ള സൗഖ്യം (ഗർബൊ) Healing of the Man with Leprosy: Healing through Touch (Garbo)
9	തിങ്കൾ (Mon)	2 ശമു. 7:8-18 (II Sam. 7:8-18)	1 തെസ്സ. 5:12-22 (I Thess. 5:12-22)	വി. ലൂക്കോ. 17:11-19 (St. Luke 17:11-19)	കൃതാർത്ഥ ഹൃദയം Attitude of Gratitude
10	ചൊവ്വ (Tue)	യെശ. 57:15-19 (Isa. 57:15-19)	യാക്കോ. 4:1-8 (James 4:1-8)	വി. ലൂക്കോ. 18:9-14 (St. Luke 18:9-14)	വിനയത്തിന്റെ മാതൃക The Model of Humility
11	ബുധൻ (Wed)	യെശ. 26:3-13 (Isa. 26:3-13)	അപ്പൊ. പ്ര. 9:1-6 (Acts 9:1-6)	വി. മർക്കോ. 1:21-28 (St. Mark 1:21-28)	ക്രിസ്തുവിന്റെ ആധികാരികത The Authority of Christ
12	വ്യാഴം (Thu)	യീരെ. 18:1-6 (Jer. 18:1-6)	റോമ. 9:20-25 (Rom. 9:20-25)	വി. മത്താ. 13:47-51 (St. Matt. 13:47-51)	ശരീരമാകുന്ന മൺപാത്രങ്ങൾ Our Body: Vessels of Clay
13	വെള്ളി (Fri)	സദ്യ. 11:23-30 (Prov. 11:23-30)	1 കൊരി. 1:3-9 (I Cor. 1:3-9)	വി. ലൂക്കോ. 18:18-30 (St. Luke 18:18-30)	സംപുഷ്ടമാക്കുന്നതിലെ സമ്പന്നത The richness of enriching
14	ശനി (Sat)	ലേവ്യ. 19:32-37 (Lev. 19:32-37)	2 കൊരി. 10:7-13 (II Cor. 10:7-13)	വി. മർക്കോ. 4:21-25 (St. Mark 4:21-25)	അളക്കപ്പെടുവാൻവാത്ത ദാനം The Immeasurable Gift

AUDIO / VIDEO TEAM -

[sjmtcn@gmail.com](mailto:sjmtcn@gmail.com)

Justin Mathew

Jerin Jose

Thomas C. Mathew, Regi George

Alvin Francis, Jeron Chacko

Anil Philippose, John Mathew

Binny John, Febin Kuruvilla

Binu Thomas 516-322-3919

WEBSITE ADMINISTRATOR

Jain P. George- 516-225-7284



## SUNDAY SCHOOL TEACHERS

**SUPERINTENDENT: Mathew Eapen - P: 516-852-4817**

Nursery		Grade 6	
Christine Thomas	516-713-2725	Jaisy Mathew	347-666-5505
Gina George	917-400-3562	Ritchie Philip	707-901-7771
Kindergarten		Grade 7	
Melini Valle	347-933-2470	Suby Mathew	516-661-8168
Jeron Chacko	917-868-1379	Nigel Oommen	516-800-7104
Grade 1		Grade 8	
Ginsey George	631-619-6869	Teena Mathew	516-578-2966
Joash Mathew	516-450-7301	Jessy Lukose	917-612-1913
Grade 2		Grade 9	
Ann Saji	516-849-9523	Anchi Mathews	516-469-1526
Sneha Saj	516-424-6558	Hema Sam	646-291-9246
Jerry Joseph	516-360-6663		
Grade 3		Grade 10	
Rachel Philip	516-326-2629	Bently Joseph	516-643-4212
Noel Oommen	516-998-6443	Binu Daniel	917-597-6630
Grade 4		Grade 11	
Rena Titus	201-370-6697	Alex Abraham	516-637-0154
Lizi Mathew	516-426-0377	Charles Abraham	212-408-1779
		Shiby Trigy	914-482-1238
Grade 5		Grade 12	
Leena Abraham	917-817-5115	Philip Varghese	718-347-2709
Bijoy Abraham	347-833-9813	Binu Chacko	347-262-8211
		Ashish Abraham	516-554-1947
Substitutes			
Swithin Titus	718-736-5084	Santhosh Philip	516-445-4935
Mereen Zacharia	516-528-2854		

**If undeliverable, please return to:**

St. John's Mar Thoma Church  
90-37 213<sup>th</sup> Street  
Queens Village, NY 11428



**FOR PRIVATE CIRCULATION ONLY**