



# ST. JOHN'S MAR THOMA CHURCH

90-37 213<sup>TH</sup> STREET, QUEENS VILLAGE, NY



**Worship - Sunday 9:00 am | Sunday School - Sunday 12:00 pm**

**NEWSLETTER—FEBRUARY 2026**

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**[www.stjohnsmtcny.org](http://www.stjohnsmtcny.org)**

**Vicar: Rev. Biju P. Simon**

## EXECUTIVE COMMITTEE 2026

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<b>Vice President</b>	Mr. Eapen K. George	718-753-4772
<b>Secretary</b>	Mr. Zachariah Mathai	917-208-1714 secretary@stjohnsmtcny.org
<b>Trustee</b>	Mr. Biju Chacko	516-996-4611 trustees@stjohnsmtcny.org
<b>Accountant</b>	Mr. Sanu Mathew	646-261-7017
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<b>Sabha Mandalam</b>	Mr. Thomas C. Mathew	516-996-6065
<b>Diocesan Assembly</b>	Mr. Jain George Mr. Roy C. Thomas	516-225-7284 516-587-1924
<b>Diocesan Assembly (EN)</b>	Mr. C V. Simonkutty	516-742-3520
<b>Organization Representatives</b>		
<b>Edavaka Mission</b>	Mr. Abraham C. Thomas	516-359-4451
<b>Parish Choir</b>	Mr. Samuel Thomas	516-216-5051
<b>Senior Fellowship</b>	Mr. M. Thomas	917-741-1747
<b>Sevika Sangham</b>	Mrs. Jessy Lukose	917-612-1913
<b>Sunday School</b>	Mr. Mathew Eapen	516-853-4929
<b>Young Family Fellowship</b>	Mr. Biju Mathew	516-603-3499
<b>Youth Fellowship</b>	Ms. Gina George	917-400-3562
<b>Yuvajana Sakhyam</b>	Mr. Saj Samuel	551-227-0070
<b>Prayer Group Representatives</b>		
<b>Bellerose</b>	Mr. Varughese P. Abraham	516-456-9740
<b>Eastern Long Island</b>	Mrs. Aparna Santhosh	516-673-5105
<b>Elmont &amp; Franklin Square</b>	Mr. Shibu Pappachan	929-438-9702
<b>Floral Park &amp; Glen Oaks</b>	Mr. C. K. Mathai	516-279-9709
<b>Garden City Park</b>	Mr. Mathew P. George	516-503-1735
<b>New Hyde Park East</b>	Mr. Bitto Cherian	516-618-9767
<b>New Hyde Park West</b>	Dr. Anna Abraham	516-492-0450
<b>Palli Bhagom</b>	Mr. George Cherian	718-614-1909
<b>Auditors</b>	Mr. Biju Chacko	516-996-4611
	Mrs. Liji Isaac	516-787-5437

## MESSAGE FROM THE VICAR

Dearly Beloved in Christ,  
Greetings to you all in the name of  
our Lord and Savior, Jesus Christ!

**“THE DAYS WILL COME ... AND  
THEN THEY WILL FAST.”**  
(St. Matthew 9:15)

The 50 days of the Great Lent (Valiya Nombu) begin on February 15. Lent is a special time of self-examination and penitence—a time for self-discipline, prayer, meditation, Bible study, and fasting. Jesus said to His disciples, “This kind can be cast out only by prayer and fasting” (Mark 9:29).

Fasting is not only abstention; it is an exchange in which we abstain from certain things in order to “feast” on God’s Word and prayer. Fasting can lead us to reconciliation, self-purification of body and mind, the manifestation of faith, and a prayerful cry for the providence of God’s grace.

The 131st Maramon Convention begins on February 8 and ends on February 15. This is one of the largest Christian gatherings on the Asian continent. Even if we are away from the venue, we can pray for the listeners, speakers, and organizers of the convention, so that God may transform the lives of believers and non-believers alike.

Our parish has planned the Annual General Body Meeting this month. This is a time to look back and look forward with renewed hope. The office bearers deserve our appreciation for completing their duties within a limited period of time. This is also the time to prepare a year plan for 2026. I kindly request your valuable suggestions and opinions for our future programs. Let us pray that all our ministries may be meaningful to each and everybody.

With prayerful regards,  
Rev. Biju P. Simon - Vicar



## WORSHIP SCHEDULE FOR FEBRUARY

**FEBRUARY 1; HOLY QURBANA - MALAYALAM- 8:30 AM**

### Medical Mission Sunday

<b>1st Lesson</b>	Isa. 42:1-9	Johnson Philip
<b>2nd Lesson</b>	Acts 3:1-16	Laly George
<b>Epistle</b>	Jas. 5:13-18	Abraham C. Abraham
<b>Gospel</b>	Matt. 9:35-38	

**FEBRUARY 8; HOLY QURBANA-ENGLISH- 9:00 AM**

### Beginning of the 131st Maramon Convention

<b>1st Lesson</b>	Gen. 1:31; 2:1-3	Noel Oommen
<b>2nd Lesson</b>	Heb. 4:1-11	Navina Oommen
<b>Epistle</b>	Col. 2:13-19	Jotham Bitto
<b>Gospel</b>	Mark 3:1-6	

**FEBRUARY 15; HOLY QURBANA - MALAYALAM -9:00 AM**

### Beginning of the Great Lent

<b>1st Lesson</b>	Ezek. 36:24-36	John Thomas
<b>2nd Lesson</b>	Rom. 11:33-36;12:1-2	Jessy Johnson
<b>Epistle</b>	2Cor. 5:16-21	Bijoy Abraham
<b>Gospel</b>	John 2:1-11	

**FEBRUARY 22; HOLY QURBANA - ENGLISH- 9:00 AM**

### Call to be Compassionate

<b>1st Lesson</b>	Ruth 2:4-20	Biju Mathew
<b>2nd Lesson</b>	Eph. 4:25-32	Mini G. Thomas
<b>Epistle</b>	1John 3:13-24	Chrisen Bijoy
<b>Gospel</b>	Mark 1:40-45	

## CHURCH ORGANIZATIONS

### SENIOR FELLOWSHIP

Tuesdays; 10:00 AM	Health & Rec. Prog. @ Church
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### SEVIKA SANGHOM

Thursdays; 10:00 AM	Prayer Meetings at Church
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### EDAVAKA MISSION

Fridays; at 7:30 PM	Prayer Meetings at Church
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### SUNDAY SCHOOL

Sundays; 12:30 PM	Assembly & Grade Level Classes
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### YOUNG FAMILY FELLOWSHIP

February 22; 12:30 PM	At church; after Sunday School
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### YOUTH FELLOWSHIP

February 13; 6:30 PM	Prayer meeting at fChurch
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### YUVAJANA SAKHYAM

Sunday, Feb. 15 after the Holy Communion	At Church hosted by Jenny and Jerin Jose
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## AREA PRAYER MEETINGS

BELLEROSE	EASTERN LONG ISLAND
No prayer meeting scheduled	<b>Saturday, February 28 at 5:00 PM</b> Mintu & Anoop Mammen 2073 Central Drive S., East Meadow
ELMONT & WEST HEMPSTEAD	<b>FLORAL PARK &amp; GLEN OAKS</b>
<b>Sunday, February 8 at 7:00 PM</b> Binitha & Roji Sam Koshy 1399 Sweetman Ave., Elmont	<b>Sunday, February 15th at 7:00 PM</b> Deepa and Mathew Eapen 80-57 Little Neck Pkwy, Glen Oaks
GARDEN CITY PARK	<b>NEW HYDE PARK EAST</b>
No prayer meeting scheduled	<b>Saturday, February 14 at 7:00 PM</b> Annamma & John Thomas 2 Aster Drive, New Hyde Park
NEW HYDE PARK WEST	<b>PALLI BHAGOM</b>
<b>Sunday, February 22 at 7:00 PM</b> Soma & George Thomas Sunday, February 22 at 7:00 PM	<b>No prayer meeting in February</b>

## YOUTH CHAPLAIN'S MESSAGE

**Glory be to the Father, Son and Holy Spirit - One True God! Amen.**

Dearly Beloved in Christ,

On February 15, the Church enters the season of Great Lent through the Service of Reconciliation. This moment serves as a purposeful pause before the discipline of fasting begins, calling us first to examine the heart. The service reminds us that repentance is not a momentary feeling or an isolated action, but an ongoing reorientation of our lives toward God. In the words of the Psalmist, “Create in me a clean heart, O God, and renew a right spirit within me”. Such repentance is made visible not only in prayer and ritual, but in transformed priorities and a renewed sense of responsibility.

Great Lent calls us into a threefold movement of faith. We are called inward through meditation and repentance, outward through reconciliation and responsibility toward others, and upward through communion with God through relationship, Scripture, and worship. This movement invites us to pair self examination with daily silence, sincerity in restoring broken relationships, and faithfulness in remembering prayer.

During Lent, fasting is about more than giving up certain foods. While many choose to abstain from meat during this season, and while the Church observes abstinence from meat during all fasting seasons, the deeper purpose of fasting is to shape how we live and how we care for others. Fasting trains us to say no when the world encourages excess. For this reason, the Church often turns to Isaiah 58 during Lent, which reminds us that fasting is incomplete unless it leads us toward justice, generosity, and compassion.

The prophet Isaiah teaches us that true fasting is not only about self control, but about restoring right relationships with God and with one another. Fasting helps us recognize hunger, both our own and the hunger of those around us, and calls us to respond with love. What we save by eating less or giving up comforts is meant to be shared, even materially, with those in need. In this way, fasting becomes a practical expression of faith and love for our neighbor. At the end of the fast, we are not called to indulge ourselves in what we have abstained from, but to remember those who are less fortunate and to share generously with them.

I encourage all of us to make the message of Lent visible through action. Use the money saved from even one meal to practice generosity. Consider supporting a local charity, helping someone in need, or pooling resources for a group effort that serves the wider community. Look around your school, workplace, or parish. It may be as simple as assisting a classmate, supporting a church initiative, or volunteering together for a cause you care about. Let faith take shape through active compassion during this season.

These practices are not meant to end with Lent, but to become lasting foundations of Christian life. Lent invites us into ongoing spiritual growth rather than temporary habits. To help build these disciplines, consider forming accountability groups with friends or family members where you can encourage one



## WEDDING ANNIVERSARIES IN FEBRUARY

Shiji & Vinu Abraham	4
Nikkita & Abraham K. Varghese	5
Susan & Joseph P. John	6
Annie & Titus Cherian	8
<b>Offer Prayer on February 8</b>	

Raji & Binu Thomas	10
Susamma & K. G. Alexander	11
Neethu & Roshith Thomas Mathew	12
Annamma & John Mathews	12
Soma & George Thomas	14
Molly & Anil Chandy	15
Preethy & Rexy Sam	15
<b>Offer Prayer on February 15</b>	

Anitha & Thomas M. Thomas	16
Valsa & Abraham T. Abraham	19
Elsamma & Abraham Thomas	21
Suja & Varghese Chacko	22
Mini & Anil T. Andrews	22
Leyamma & Philip Thomas	22
<b>Offer Prayer on February 22</b>	

another, share experiences, and reflect honestly on challenges. Simple reminders, such as notes placed in visible areas, can also help keep your spiritual focus steady. Through repentance, reconciliation, and generosity, we continue to grow into who we are becoming in Christ.

Let us hold onto this Lenten season and commit ourselves to acts of mercy, generosity, and reconciliation, so that we may continue to be transformed as we move toward the remembrance of the Resurrection of our Lord.

Prayerfully, JVarghese Achen

### Youth Fellowship Bible Study

When: Wednesday, February 11, 2025, at 7:30-8:30 pm

Where: Youth Chaplain's Parsonage

### Leadership Conference Roots Before Fruits

When: Monday, February 16, 2026, at 10:00 am

Where: Salem Mar Thoma Church, East Long Island

### NERYF Young Adults Retreat 2026 – Authenticity

When: Thursday, May 28 thru 31, 2025, beginning at 5:30 pm

Where: Camp of the Woods, Speculator, NY;

Leaders: Rev. Larry Varghese and Roshin Kochamma



## BIRTHDAYS IN FEBRUARY

Anju Annie Abraham	1	Ronish Raju Varghese	16
<b>Offer Prayer on February 1</b>			
Joy A. Chacko	2	Abraham Zacharia	16
Easow E. Mathunny	2	Arpitha Alice George	17
Steven Joy	3	Saramma Mathew	17
Philip M. Kallumpurathu	3	Angelina Alexander	18
Saramma Mathew	3	Varghese George	18
Leena R. Mathew	3	Shawn Jacob	18
Ahaana Ann Paul	3	Suresh T. John	18
K. M. Thomas	3	Anil Baby Philipose	18
Sneha Ann Abraham	4	Calvin Samuel Thomas	18
Abigail Alexander	4	Deepa Alex	19
Susamma T. Mathew	4	Anil Chandy	19
Angela J. Panicker	4	Rejo M. Jose	19
Binny V. Saji	4	Delcina Zachariah	19
Philip Cherian	5	V. S. Abraham	20
Aria Sophia Daniel	5	Savannah Noelle George	20
Thomas T. Zachariah	5	Marcia Lilly Thomas	21
Edwin K. Abraham	7	Kezia Susan Kurien	22
Noah Arun	7	Jaya Sabu Lukose	22
Ayrin Solomon George	7	Manoj Samuel	22
Raina Ann Koshy	7	Ashish John Thomas	22
Jolly Itty Philip	7	<b>Offer Prayer on Feb. 22</b>	
Susan K. Philip	7		
C. V. Simonkutty	7		
Achankunju Mathew	8		
Joash John Mathew	8		
Geena S. Rajan	8		
Jason Konnethu Thomas	8		

### **Offer Prayer on Feb. 11**

Desny K. Abraham	9
Swarup John Mathew	9
Mekhal Sara Shibu	9
John Varghese	9
Elias Varghese	9
Emeline Abraham	10
Shajan T. Koshy	10
Roshith Thomas Mathew	10
Robin K. Varughese	10
Betsy George	11
Nimmy Sara Kuruvilla	11
Melbie Mariam Mathew	11
Jerry J. George	12
John D. Isaac	12
John Mathew K.	12
Ammukutty Nainan	12
Jeron Chacko	13
Ashley Sarah Jacob	13
Thomas Philip	13
Noah Lino Alex	14
Shibu C. Varghese	15
Daniel Varghese	15

### **Offer Prayer on Feb. 15**

Baby Jose	16
Stacy Mathew	16

### **Offer Prayer on March 1**



# St. John's Basketball Fellowship

*And Give all Glory to God*

**February 27 at 7 pm**

Lakeville Elementary School

47-27 Jayson Avenue, Great Neck

7 pm to 9 pm

LENT COMES  
PROVIDENTIALLY TO  
REAWAKEN US, TO  
SHAKE US FROM  
OUR LETHARGY. -  
POPE FRANCIS

## CONDOLENCES

Mrs. Jessy Manoj and family at the passing away of her mother, Mrs. Saramma Yohannan.

Mrs. Susan Mathew and family at the passing away of her brother, Mr. Abraham Cherian

Mr. Roji Sam Koshy and family at the passing away of their mother, Mrs. Annamma Koshy in Kerala.

മലങ്കര മാർത്തോമാ സുറിയാനി സദ  
വലിയ നോവിലെ ആഴ്ചവ്രതാനുഭൂത വേദഭാഗങ്ങളും ധ്യാനവിശയങ്ങൾ

MALANKARA MAR THOMA SYRIAN CHURCH

THE GREAT LENTEN LECTORY – WEEKLY READINGS AND THEMES

(BASED ON THE VALIYANOMBU NAMASKARA KRAMAM PREPARED BY THE MAR THOMA LITURGICAL COMMISSION AND APPROVED BY THE HON. EPISCOPAL SYNOD)

1-ജൂൺ ആഴ്ച (Week - 1)					
ദിനം	ദിവസം	ഒന്നാം പാഠം	രണ്ടാം പാഠം	സ്വന്നിഗ്രഹിക്കേണ്ട	ധ്യാനവിഷയം
1	ശനിയൻ (Sun)	ഈഖ്യം. 36:22-28 (Ezek. 36:22-28)	രോമ. 5:18-21 (Rom. 5:18-21)	വി. മാത്ത. 26:26-29 (St. Matt. 26:26-29)	കാമാവിലെ കല്പുസാം രൂപരൂപം (പേരുത്തിനും) The Wedding at Cana: Transformation (Pethurthu)
2	തിരുക്കർ (Mon)	മലപ്പ്. 33:1-10 (Gen. 33:1-10)	പ്രിയപ. 2:13-22 (Eph. 2:13-22)	വി. മാത്ത. 5:21-26 (St. Matt. 5:21-26)	രാനാവാദാം: അനുശ്രാന്തജീവി (ശുഭക്കാരാനാ)
3	മൃഥാവ് (Tue)	മലപ്പ്. 43:14-21 (Isa. 43:14-21)	2 കെരാൻ. 5:16-21 (II Cor. 5:16-21)	വി. മാത്ത. 3:1-8 (St. John 3:1-8)	ക്രിസ്തുവിൽ പുതുസ്വാംട്ട് A New Creation in Christ
4	ബാബ്യുലൻ (Wed)	രഥ. 9:1-7 (Isa. 9:1-7)	1 കെരാൻ. 1:20-25 (I Cor. 1:20-25)	വി. മാത്ത. 16:13-20 (St. Matt. 16:13-20)	കീളപ്പുംവിൽ സംഖാരം Identity of Christ
5	പ്രാംഭം (Thu)	ആവർ. 6:4-9 (Deut. 6:4-9)	രോമ. 12:1-8 (Rom. 12:1-8)	വി. മാത്ത. 6:9-15 (St. Matt. 6:9-15)	ഖ്രിസ്തു ബന്ധനാം പാശങ്ങൾ വിളി A Call to an Intimate Relationship
6	ബൈജുളി (Fri)	മീറ്റ്. 6:1-8 (Mic. 6:1-8)	രോമ. 12:12-21 (Rom. 12:12-21)	വി. മാത്ത. 5:1-12 (St. Matt. 5:1-12)	ക്രിസ്തീയ ജീവിത രീതി Christian Lifestyle
7	ശനി (Sat)	1 ലൂഡ്. 18:1-5 (I Sam. 18:1-5)	ഗല. 3:23-29 (Gal. 3:23-29)	വി. മർക്കു. 3:31-35 (St. Mark 3:31-35)	ദൈവമാണുത്തിന്റെ സാമ്പത്തികത Universality of God's Kingdom
2-ജൂൺ ആഴ്ച (Week - 2)					
8	ശനിയൻ (Sun)	2 രാഖ്യ. 5:1-14 (II Kgs. 5:1-14)	രോമ. 3:27-31 (Rom. 3:27-31)	വി. മർക്കു. 1:40-45 (St. Mark 1:40-45)	കൂപ്പിനുംവിനും സാഹ്യം: ഗർബോ സ്വപ്നശന്തിക്കിലൂടെയുള്ള സാഹ്യം (ഗർബോ) Healing of the Man with Leprosy: Healing through Touch (Garbo)
9	തിരുക്കർ (Mon)	2 മൃഥ. 7:8-18 (II Sam. 7:8-18)	1 തെല്ലു. 5:12-22 (I Thess. 5:12-22)	വി. ലൂക്കാ. 17:11-19 (St. Luke 17:11-19)	കൂത്രാർത്ഥ പ്രസ്താവം Attitude of Gratitude
10	മൃഥാവ് (Tue)	മലപ്പ്. 57:15-19 (Isa. 57:15-19)	യാഹോ. 4:1-8 (James 4:1-8)	വി. ലൂക്കാ. 18:9-14 (St. Luke 18:9-14)	വിന്നതിലൂടെ മാതൃക The Model of Humility
11	ബാബ്യുലൻ (Wed)	രഥ. 26:3-13 (Isa. 26:3-13)	അപ്പു. പ്ര. 9:1-6 (Acts 9:1-6)	വി. മർക്കു. 1:21-28 (St. Mark 1:21-28)	ക്രിസ്തുവിന്റെ ആധികാരികത The Authority of Christ
12	പ്രാംഭം (Thu)	യിഹ. 18:1-6 (Jer. 18:1-6)	രോമ. 9:20-25 (Rom. 9:20-25)	വി. മാത്ത. 13:47-51 (St. Matt. 13:47-51)	മരിമാകുന്ന അണ്ണാ(തണ്ണേർ) Our Body: Vessels of Clay
13	ബൈജുളി (Fri)	സംഖ. 11:23-30 (Prov. 11:23-30)	1 കെരാൻ. 1:3-9 (I Cor. 1:3-9)	വി. ലൂക്കാ. 18:18-30 (St. Luke 18:18-30)	സംപൂർണ്ണമാകുന്നതിലെ സന്ദർഭ The richness of enriching
14	ശനി (Sat)	ലോപ്പ. 19:32-37 (Lev. 19:32-37)	2 കെരാൻ. 10:7-13 (II Cor. 10:7-13)	വി. മർക്കു. 4:21-25 (St. Mark 4:21-25)	അഭ്യർപ്പിക്കാവാവാതെ തുറം The Immeasurable Gift

## AUDIO / VIDEO TEAM -

[sjmtcny@gmail.com](mailto:sjmtcny@gmail.com)

Justin Mathew

Jerin Jose

Thomas C. Mathew, Regi George

Alvin Francis, Jeron Chacko

Anil Philipose, John Mathew

Binny John, Febin Kuruvilla

Binu Thomas 516-322-3919

WEBSITE ADMINISTRATOR

Jain P. George- 516-225-7284

## SUNDAY SCHOOL TEACHERS

**SUPERINTENDENT: Mathew Eapen - P: 516-852-4817**

<b>Nursery</b>		<b>Grade 6</b>	
Christine Thomas	516-713-2725	Jaisy Mathew	347-666-5505
Gina George	917-400-3562	Ritchie Philip	707-901-7771
<b>Kindergarten</b>		<b>Grade 7</b>	
Melini Valle	347-933-2470	Suby Mathew	516-661-8168
Jeron Chacko	917-868-1379	Nigel Oommen	516-800-7104
<b>Grade 1</b>		<b>Grade 8</b>	
Ginsey George	631-619-6869	Teena Mathew	516-578-2966
Joash Mathew	516-450-7301	Jessy Lukose	917-612-1913
<b>Grade 2</b>		<b>Grade 9</b>	
Ann Saji	516-849-9523	Anchi Mathews	516-469-1526
Sneha Saj	516-424-6558	Hema Sam	646-291-9246
Jerry Joseph	516-360-6663		
<b>Grade 3</b>		<b>Grade 10</b>	
Rachel Philip	516-326-2629	Bently Joseph	516-643-4212
Noel Oommen	516-998-6443	Binu Daniel	917-597-6630
<b>Grade 4</b>		<b>Grade 11</b>	
Rena Titus	201-370-6697	Alex Abraham	516-637-0154
Lizi Mathew	516-426-0377	Charles Abraham	212-408-1779
		Shiby Trigy	914-482-1238
<b>Grade 5</b>		<b>Grade 12</b>	
Leena Abraham	917-817-5115	Philip Varghese	718-347-2709
Bijoy Abraham	347-833-9813	Binu Chacko	347-262-8211
		Ashish Abraham	516-554-1947
<b>Substitutes</b>			
Swithin Titus	718-736-5084	Santhosh Philip	516-445-4935
Mereen Zacharia	516-528-2854		

**If undeliverable, please return to:**

St. John's Mar Thoma Church  
90-37 213<sup>th</sup> Street  
Queens Village, NY 11428



FOR PRIVATE CIRCULATION ONLY